

# Athletics



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## **ATHLETICS**

The New Canaan High School Interscholastic Athletics Program is an integral part of the school's total educational program. The benefits of participation in interscholastic athletics are extensive. Interscholastic athletics serve as a course in physical development as student-athletes learn health, exercise, strength, stamina, nutrition and fitness. Inherent in educational athletics are self-confidence, and the building and development of higher aspirations. Research demonstrates that when compared to non-participants, those who participate in educational athletics enjoy higher GPAs and benefit from increased rates of school attendance, graduation and college acceptance. Interscholastic athletics also promote values and teach life skills such as service, respect, integrity, leadership, perseverance, teamwork and friendship. Inherent in this experience are the values of sacrifice, cooperation, overcoming defeat, and facing adversity. These experiences and lessons relate as much to life and education as they do to the outcome on a scoreboard. Participation in interscholastic athletics has been proven to be a predictor of future success in college, career, and life. Studies of American corporations have shown that almost 95% of high ranking executives participated in educational athletics. These executives were the same student-athletes whose personal development improved their team. They were the teams whose positive example improved their school. It was their school whose culture improved their community. There is a logical connection.

New Canaan continues to have a strong interest in athletics. Participation in youth sports has risen over the past 3 years and 70% of our high school students participate in at least one sport. It is anticipated that over 850 student/athletes will participate in the athletic program next year. The New Canaan High School athletic budget supports a diversified interscholastic program of 58 teams. Students have the option of participating on 29 varsity, 18 junior varsity and 10 freshmen teams. There is also 1 sophomore football team which is funded solely by private sources. The program has very strong community support and annually receives statewide recognition for overall excellence. Our goal for this year's budget development is to assure a consistent level of excellence for our student/athletes. The athletic program is well funded thru the BOE budget and enhanced by funding from outside sources including the New Canaan All Sport Boosters Club (approximately \$130,000 annually for coaching) and New Canaan Ice Hockey (approximately \$40,000 annually to offset ice costs). The BOE funds 79 coaching positions and the All Sport Booster club funds an additional 33 positions.

In addition to funding additional coaching positions, the New Canaan All Sport Booster club has completely funded all equipment in the NCHS fitness center. The original equipment for this facility was purchased in 1997. The ASBC renovated the facility again in 2004. This year they raised over \$40,000 to once again refurbish the equipment in our state of the art facility. Our fitness facility is one of the best in any high school in Connecticut and services all students thru the Physical Education program as well as all NCHS athletes.

I believe it is prudent to continue to move some of the privately funded operational costs for athletics into the public budget, therefore this year I am requesting an increase of \$2,000 in funding for both boys and girls ice rentals. While the board presently funds \$15,000 in ice rentals for boys and girls, the actual yearly costs are \$38,000 for the boys and \$35,000 for the girls. The

difference in ice costs is made up through private donations. While the BOE should not bear the entire cost, I am trying to move the public private ratio closer to 50%.

The gymnastics rental costs are completely funded by the BOE. Our coach has requested we have 4 days of practice per week to be in line with other FCIAC high school teams. I believe this is reasonable given the nature of preparation for the various stunts and apparatus. We currently use the facilities at Chelsea Piers and practice 3 days at a cost of \$3,750 per season. I am requesting an increase of \$1,250 for gymnastic rentals to bring us up to the 4 days a week level for practice. Total gymnastic rental costs will be \$5,000.

We have had significant value added from the BOE increase in funding for the athletic training staff for the Fall athletic season. Although our athletic contests are spread out from Waveny Park to Conner Field, we always have a certified ATC close by. Additionally, because we have an extra resource, the trainers have had time to work with injured athletes to rehabilitate injuries. Our relationship with Performance Athletics has also given us the benefit of new methods and techniques for conditioning our student-athletes.

Jay Egan  
Director of Athletics



**ATHLETICS  
STAFFING PLAN**

**GRADES 9 - 12**

	<u>2018-19 Actual</u>	<u>2019-20 Projected</u>	<u>Change</u>
<b>Certified</b>			
Athletic Director	1.00	1.00	0.00
<b>Total Certified Staff</b>	<u>1.00</u>	<u>1.00</u>	<u>0.00</u>
<b>Non-Certified Staff</b>			
<b>Administrative Support Staff</b>			
Secretary	1.00	1.00	0.00
<b>Teaching Assistants</b>			
Support	1.00	1.00	0.00
<b>Other Support Staff</b>			
Athletic Trainer/Therapist	1.00	1.00	0.00
<b>Total Non-Certified Staff</b>	<u>3.00</u>	<u>3.00</u>	<u>0.00</u>
<b>TOTAL STAFFING PLAN</b>	<u>4.00</u>	<u>4.00</u>	<u>0.00</u>



## ATHLETICS

### New Canaan Public Schools, New Canaan, CT

	2018 Actual	2019 Budget	2019 Projected	2020 Proposed	\$ Differ. to Projected	% Differ. to Projected
<b><u>OBJECT BUDGET SUMMARY</u></b>						
<b>Salaries</b>						
Athletic Director/Wellness Coord.	173,565	177,951	177,399	181,156	3,757	2.07%
Coaching Stipends	514,368	547,035	535,118	535,118	0	0.00%
<b>TOTAL CERTIFIED</b>	<b>687,933</b>	<b>724,986</b>	<b>712,517</b>	<b>716,274</b>	<b>3,757</b>	<b>0.52%</b>
Administrative Support	51,799	50,803	52,811	53,848	1,037	1.93%
Athletic Trainer	90,293	90,293	93,761	93,761	0	0.00%
Program Support	62,012	69,681	69,675	70,430	755	1.07%
Overtime	322	3,000	750	750	0	0.00%
<b>TOTAL NON-CERTIFIED</b>	<b>204,427</b>	<b>213,777</b>	<b>216,997</b>	<b>218,789</b>	<b>1,792</b>	<b>0.82%</b>
<b>TOTAL SALARIES</b>	<b>892,359</b>	<b>938,763</b>	<b>929,514</b>	<b>935,063</b>	<b>5,549</b>	<b>0.59%</b>
<b>Non-Salary Objects</b>						
Outsourced Services	34,614	63,466	58,727	46,393	-12,334	-26.59%
Athletic Training Services	17,778	20,000	20,000	22,000	2,000	9.09%
Athletic Aides/Referees	52,136	52,617	57,600	57,600	0	0.00%
Club Sports	25,000	30,000	25,000	25,000	0	0.00%
Repairs-Non-Instruct. Equip.	20,695	29,120	30,250	30,250	0	0.00%
Rent Space & Equipment - Athletics	68,550	75,000	81,613	79,063	-2,550	-3.23%
Athletic Transportation	223,286	250,000	235,354	252,000	16,646	6.61%
Mileage & Travel Allowance	3,000	3,000	3,000	3,000	0	0.00%
Conferences/Travel	1,460	2,500	2,500	2,500	0	0.00%
Athletic Supplies	48,823	47,009	47,050	47,050	0	0.00%
Medical Supplies	6,121	7,500	7,500	7,500	0	0.00%
Office Supplies	0	750	750	750	0	0.00%
Equipment	19,666	20,992	21,000	21,000	0	0.00%
Dues/Fees/Subscriptions	19,383	21,042	21,042	22,000	958	4.35%
Other Expenses	239	1,500	256	144	-112	-77.78%
<b>TOTAL NON-SALARY</b>	<b>540,752</b>	<b>624,496</b>	<b>611,642</b>	<b>616,250</b>	<b>4,608</b>	<b>0.75%</b>
<b>Gate Receipts</b>	<b>-23,364</b>	<b>-72,546</b>	<b>-62,500</b>	<b>-23,364</b>	<b>39,136</b>	<b>-167.51%</b>
<b>Booster &amp; Ice Hockey Support</b>	<b>-168,754</b>	<b>-183,568</b>	<b>-180,465</b>	<b>-168,049</b>	<b>12,416</b>	<b>-7.39%</b>
	<b>-192,118</b>	<b>-256,114</b>	<b>-242,965</b>	<b>-191,413</b>	<b>51,552</b>	<b>-26.93%</b>
<b>TOTAL BUDGET</b>	<b>1,240,993</b>	<b>1,307,145</b>	<b>1,298,191</b>	<b>1,359,900</b>	<b>61,709</b>	<b>4.54%</b>

New Canaan Public Schools

2019-20-NCHS INTERSCHOLASTIC ATHLETICS BUDGET REQUEST BY SPORT

	Projected Athletes	# of Teams	BOE # of Coaches	Booster # of Coaches	# of Coaches	Non-Certified		Non-Salary							Dues/Fees Other	Total	\$ Per Athlete		
						Certified Coaching Salaries	Support Staff	Referees	Transportation	Trainer Svcs	Security O/S Svc	Supplies	Repair	Rental				Equip.	
<b>BOYS</b>																			
Baseball	48	3	5	1	6	29,318	550	3,179	7,893								250	41,190	858
Basketball	50	3	3	2	5	26,387	3,924	3,147	9,804	1,775	2,140	3,000	1,405		1,043	752	53,377	1,068	
Cross Country	66	1	2		2	9,773	370	732	5,100	2,229		977	1,002			500	20,683	313	
Football	126	4	9	7	16	74,276	4,325	7,933	22,359	6,562	9,195	13,732	17,061		5,004	4,752	165,199	1,311	
Golf	14	2	2		2	8,795		370	9,696			1,005				600	20,466	1,462	
Hockey	35	2	2	1	3	15,636	1,060	3,490	8,679	1,396	7,673	4,069	255	38,796		500	81,554	2,330	
Lacrosse	115	3	3	4	7	30,295	2,663	3,355	8,842	440	1,520	429	438			1,500	49,482	430	
Soccer	78	3	3	1	4	3,909	1,575	3,151	8,737	2,523		1,500				150	21,545	276	
Swimming	28	1	2	1	3	15,636	547	1,285	9,880						500	300	28,148	1,005	
Tennis	26	2	2		2	8,795	160	75	8,595			815				100	18,540	713	
Track-Indoor	75	1	2		2	10,750	0	0	4,388							1,500	16,638	222	
Track-Outdoor	70	1	2		2	10,750	1,225	2,000	7,243			313			1,500	1,500	24,531	350	
Volleyball	26	2	2	1	3	14,659	1,530	2,644	8,632	1,071		2,557					31,093	1,196	
Wrestling	29	1	2	2	4	16,614	716	750	8,224		1,313					415	28,032	967	
<b>Total Boys</b>	<b>786</b>	<b>29</b>	<b>41</b>	<b>20</b>	<b>61</b>	<b>275,593</b>	<b>18,645</b>	<b>32,111</b>	<b>128,072</b>	<b>15,996</b>	<b>21,841</b>	<b>28,397</b>	<b>20,161</b>	<b>38,796</b>	<b>8,047</b>	<b>12,819</b>	<b>600,478</b>		
<b>GIRLS</b>																			
Basketball	39	3	3	1	4	22,478	3,880	3,273	9,759	1,286		3,000	247			150	44,073	1,130	
Cheerleading (Fall/Winter)	11	1	2		2	9,772	150		5,993							605	16,520	1,502	
Cross Country	68	1	2		2	9,773	295	700	5,682			555				500	17,505	257	
Field Hockey	72	3	4	1	5	22,477	2,085	3,454	9,409	380		1,550	384		4,840	85	44,664	620	
Gymnastics	9	1	1	1	2	10,750			4,273			980		5,000		300	21,303	2,367	
Golf	12	2	2		2	8,795			8,740			1,005				600	19,140	1,595	
Ice Hockey	45	2	2	1	3	15,636	1,825	2,680	8,579	494	825	611	242	35,267		481	66,640	1,481	
Lacrosse	78	3	3	3	6	26,386	766	3,016	15,081	250		429	205			1,500	47,633	611	
Soccer	77	3	3	1	4	10,750	724	3,409	8,780	2,523		1,500			1,000	150	28,836	374	
Softball	19	2	3		3	18,568		2,541	7,348			2,205	261			250	31,173	1,641	
Swimming	32	1	2	1	3	15,636	929	1,304	9,311						500	360	28,040	876	
Tennis	30	2	2		2	8,795	150		8,996			815				300	19,056	635	
Track-Indoor	63	1	2	3	5	21,500	0		4,352							1,500	27,352	434	
Track-Outdoor	81	1	2	2	4	17,591	1,225	2,000	7,640			156			1,500	1,500	31,612	390	
Volleyball	50	3	3	1	4	18,568	1,250	3,112	9,668	1,071		5,847			5,113	900	45,529	911	
<b>Total Girls</b>	<b>686</b>	<b>29</b>	<b>36</b>	<b>15</b>	<b>51</b>	<b>237,475</b>	<b>13,279</b>	<b>25,489</b>	<b>123,611</b>	<b>6,004</b>	<b>825</b>	<b>18,653</b>	<b>1,339</b>	<b>40,267</b>	<b>12,953</b>	<b>9,181</b>	<b>489,076</b>		
<b>Total B &amp; G</b>	<b>1,472</b>	<b>58</b>	<b>77</b>	<b>35</b>	<b>112</b>	<b>513,068</b>	<b>31,924</b>	<b>57,600</b>	<b>251,683</b>	<b>22,000</b>	<b>22,666</b>	<b>47,050</b>	<b>21,500</b>	<b>79,063</b>	<b>21,000</b>	<b>22,000</b>	<b>1,089,554</b>		

**PROGRAM OPERATING EXPENSES**

Administration	181,156	106,154											8,250	5,500	301,060		
Trainer Services		102,761											8,250	500	112,905		
Outsourced Soccer Coaches													22,477		22,477		
Club Sports/Unified Sports								317							25,000		
Total All Other Expenses	181,156	208,915						317	0	0	22,477	8,250	8,750	0	0	31,894	461,759
<b>Total Program Operating Expenses</b>	<b>694,224</b>	<b>240,839</b>						<b>57,600</b>	<b>252,000</b>	<b>22,000</b>	<b>45,143</b>	<b>55,300</b>	<b>30,250</b>	<b>79,063</b>	<b>21,000</b>	<b>53,894</b>	<b>1,551,313</b>

INCOME

Gate Receipts	-23,364
Outside Support	-168,049

Net Budget Request 1,359,900