Feedback from Stakeholders on School Start and End Time Scenarios

Meeting date - October 21, 2019

On each slide, you will find feedback from each “like” group based on their analysis of the pros and cons for each of the three scenarios.

On each slide under “Scoring Results” is the overall rating, from 0 - 10, of each scenarios (0 = many hesitations; 10 = no hesitations)
Scenario 1:
7:45 - 2:20 — South School, East School, West School
8:20 - 2:55 — New Canaan High School
9:05 - 3:35 — Saxe Middle School

Scoring Results
4.36

Perceived Pros
• Closer to recommended time
• Elementary on the same schedule
• Elementary students learn better in the AM
• Elementary students naturally get up early
• Better for traffic?
• More sleep / relaxed start time for HS
• Younger students won’t need morning child care
• Shared elementary staff
• Saxe on the same schedule
• Professional learning for staff
• Availability of elementary school teachers to coach

Perceived Cons
• Elementary students waiting in the dark
• A need for after school childcare
• Reduction of sleep for youngest learners
• Reduction of family w/earlier bed times
• Working parents and long commutes
• Research on young students
• 5-8 on the same bus problematic
• Too early for elementary
• Cost - reduction of program
• Saxe dismissal
• Parent pickup and drop off's
• Traffic issues, especially at dismissal
• After school jobs for HS students
• Negative impact on after school programs
• Increased student drop-offs
• Older siblings can’t watch younger
• Extra help limited after school at HS
• Reduction in field availability
• Buses for athletic transportation
• Later start for youth sports
• Staffing hours increased (non-certified)
**Scenario 2:**
- 7:45 - 2:20 — NCHS and Saxe 7/8
- 8:30 - 3:05 — Saxe 5/6 and South
- 9:15 - 3:45 — East and West

<table>
<thead>
<tr>
<th>Scoring Results</th>
<th>4.55</th>
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<table>
<thead>
<tr>
<th>Perceived Pros</th>
<th>Perceived Cons</th>
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<tbody>
<tr>
<td>• No elementary student in the dark in the AM</td>
<td>• Doesn’t solve teenage sleep problem</td>
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<td>• Cost neutral</td>
<td>• Changes preschool drop-off time</td>
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<td>• Close to current schedule</td>
<td>• Not optimized for best learning for elementary (E/W)</td>
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<td>• No ecosystem change</td>
<td>• After school activities for E/W may be difficult</td>
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<td>• Allows sports/clubs to be largely unaffected</td>
<td>• No traffic improvement - could be worse</td>
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<td>• Less stress later at night</td>
<td>• May need to expand Early Bird Programs to Tier 2</td>
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<td>• Least disruptive for community partners</td>
<td>• Teachers traveling at worse time on the Merritt</td>
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<td>• Maintains HS job opportunities</td>
<td>• May need expanded morning day care</td>
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<td>• Could be part of a comprehensive plan/strategy</td>
<td>• Afternoon stamina for East and West students</td>
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<td>• Better childcare for AM staff</td>
<td>• Increase in early pickups from elementary schools</td>
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<td>• Fewer tardies</td>
<td>• Students may get home in the dark</td>
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<td>• A little extra sleep</td>
<td>• Could be more difficult for working parents</td>
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<tr>
<td>• No negative impact on sports or the arts</td>
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Scoring Results

6.23

Scenario 3:
7:30 - 2:05 — NCHS and Saxe 7/8
8:15 - 2:55 — Saxe 5/6 and South
9:05 - 3:35 — East and West

Perceived Pros
- No one has to change
- No cost
- All involved have already solved for this schedule
- 5/6 and South have ideal time
- Keeps 5/6 on separate buses
- No change in sports/clubs
- Does not push homework/activities later
- Maintains job opportunities for NCHS students
- Childcare in place
- Known traffic issues
- Reduced turnover risk by staff
- Listening to students, community, and staff survey results from the spring (majority wanted no change)
- Very successful currently
- District is implementing stress-reduction strategies
- Current schedule provides time after school for activity before dinner, HW, and bed
- Facility availability for all youth sports
- 30-45 minute “grace period” for HS students to meet teachers before practices
- Less congestion on the roads to away venues

Perceived Cons
- Not solving the significant health issue - ongoing sleep deprivation for teens
- Appear to be ignoring what the nation takes seriously
- Inconsistent learning times for elementary
- Costs of not changing, especially relative to other towns - public relations
- Traffic not addressed
- Too early for 7/8 and HS students
- Sports schedules with other towns as they change could conflict
- Early dismissals at elementary (E/W)
- Staff meetings for elementary schools
- Teachers from E/W availability for coaching/advising
Results

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Scenario 2:
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Participant Groups

- 4 Parent Groups
  (4.7; 2.6; 4.3)
- 3 Teacher Groups
  (3.1; 5.7; 8.4)
- 1 Community Group
- 1 Administrator Group
- 1 Clinical Group
- 1 Arts/Athletics Group
- 1 non-certified group
- 1 student group