Resource List for NCHS Students

As you may already know, there are many people at NCHS who are here to support you, academically and emotionally, throughout your time here. Below is a list of some of the people in school and outside of school that are here to support you during times of stress or need. Please feel free to contact any one of the people below for assistance at any time.

Located in the School Counseling Office:

School Counselors:  
Mrs. Keen  
Ms. Reihl  
Mrs. Lenci  
Mrs. Rivera  
Mrs. McGann  
Ms. Vernon  
Mrs. Mitchell  
Mr. Willett

School Psychologists:  
Mrs. Calcagni  
Mrs. Warkentin

School Social Workers:  
Mrs. Donellan  
Mrs. Hartong

Located in the Nurse’s Office:

School Nurses:  
Mrs. Davies  
Mrs. Imbrogno  
Mrs. Reed

Located across from the Nurse’s Office

Kids in Crisis Outreach Worker:  
Ms. Emma-Kate Freatman  
(203) 594-4645

Located within the Math Department Office:

School Resource Officer  
Officer Lambert  
(203) 594-4740

Located in the Main Office:

Grade-Level Administrators  
Mrs. Carriero  
(Classes of 2020 & 2023)  
Mr. Rothman  
(Class of 2022)  
Mr. Sullivan  
(Class of 2021)

Principal  
Mr. Egan

Outside of School

Kids in Crisis 24 hr Hotline (confidential)  
(203) 327- 5437 (KIDS).  
www.kidincrisis.org

CT infoline- 211- for confidential hotline/crisis intervention services 24/7.  
Dial 211 from any phone.  
www.211ct.org

New Canaan Dept. of Youth Services - for help accessing community services or assistance with financial or counseling needs  
Jackie D’Louhy at (203) 594-3081 & Mary Pomerantz (203) 594-3080.

There is also a Directory of Youth Services online on the New Canaan Town website that identifies a list of local counseling agencies as well as other resources for youth.  
www.newcanaan.info