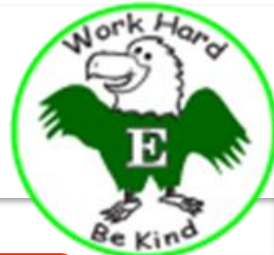


New Daily Soups!

M- Chicken Noodle
 T- Chicken, Veggie, Rice
 W- Pasta Fagioli
 TH- Cream of Broccoli
 F- Italian Wedding



East Elementary School

Aug/Sept 2019

Student Hot Lunch: \$3.50

Includes:
 Main entree, vegetables, whole fruit
 Choice of milk, small juice or water

Qualifying Reduced Price \$1.00

Parents of students with Allergies: Please contact Michelle Santelli
 michelle.santelli@ncps-k12.org

Monday**Tuesday****Wednesday****Thursday****Friday****Daily Lunch Choices: \$3.50**

(Includes fruit, vegetables, choice of milk, small juice or small water)

- A) Hot Lunch (see menu below)
- B) Boar's Head Deli Meat & Cheese Sandwich Lunch
- C) Sunbutter & Jelly Sandwich Lunch
- D) Bagel Lunch (Small bagel, yogurt, cheese stick)
- E) Fun Lunch (Pinwheels or Cheese, Fruit, Crackers)

**New! All natural
 artisanal soups!**

29 FIRST DAY OF SCHOOL

Classic Cheese Pizza-
 Neapolitan Style Pizza Crust
 Non GMO - Tomato Sauce
 Natural Mozzarella Cheese
 Assorted Toppings

30

Pasta Bar-
 Choice of White or Wheat
 Choice of Plain,
 Non GMO - Marinara Sauce,
 Bolognese or Grilled
 Chicken
 Caesar Salad

HOLIDAY

3
 Crispy Chicken Tenders-
 Seasoned Corn
 Assorted Dipping Sauces

4
 Classic Cheese Pizza-
 Neapolitan Style Pizza Crust
 Non GMO - Tomato Sauce
 Natural Mozzarella Cheese
 Assorted Toppings

5
 Quesadillas-
 Chicken or Black Bean
 Monterey Jack Cheese
 Whole Grain Wrap
 Salsa & Guacamole

6
 Pasta Bar-
 Choice of White or Wheat
 Choice of Plain,
 Non GMO - Marinara Sauce,
 Bolognese or Meatballs
 Garden Salad

9
 Crispy Chicken Tenders-
 Seasoned Carrots
 Assorted Dipping Sauces

10
 Meatball Grinder-
 Meatballs
 Natural Mozzarella
 Cheese
 Non GMO Marinara Sauce
 Toasted Club Roll
 Garden Salad

11
 Classic Cheese Pizza
 Neapolitan Style Pizza Crust
 Non GMO - Tomato Sauce
 Natural Mozzarella Cheese
 Assorted Toppings

12
 Brunch for Lunch-
 Whole-Grain Waffles
 Breakfast Sausage
 Berry Sauce, Warm Syrup
 Baked Potato Wedges

13
 Pasta Bar-
 Choice of White or Wheat
 Choice of Plain,
 Non GMO - Marinara Sauce,
 Bolognese or Grilled
 Chicken
 Caesar Salad

16
 Crispy Chicken Tenders-
 Seasoned Broccoli Florets
 Assorted Dipping Sauces

17
 Nachos-
 Seasoned Angus Beef
 Natural Cheddar Cheese
 Lettuce, Tomato, Salsa
 Crispy Tortilla Round
 Chips

18
 Classic Cheese Pizza-
 Neapolitan Style Pizza Crust
 Non GMO - Tomato Sauce
 Natural Mozzarella Cheese
 Assorted Toppings

19
 Grilled Chicken Caesar-
 Marinated Grilled Chicken
 Romaine Lettuce
 Whole Grain Wrap or Salad
 Caesar Dressing
 Carrots & Celery Sticks

Pasta Bar-
 Choice of White or Wheat
 Choice of Plain,
 Non GMO - Marinara Sauce,
 Bolognese or Meatballs
 Garden Salad

23
 Crispy Chicken Tenders-
 Seasoned Corn
 Assorted Dipping Sauces

24
 Brunch for Lunch-
 Whole-Grain Pancakes
 Breakfast Sausage
 Strawberry Sauce
 Warm Syrup, Potato Puffs

25
 Classic Cheese Pizza-
 Neapolitan Style Pizza Crust
 Non GMO - Tomato Sauce
 Natural Mozzarella Cheese
 Assorted Toppings

26
 Hamburger-
 ¼ lb Angus Beef or Cheese
 Burger
 Lettuce, Tomato, Pickles
 Whole Grain Bun, Fries

27
 Pasta Bar-
 Choice of White or Wheat
 Choice of Plain,
 Non GMO - Marinara Sauce,
 Bolognese or Chicken
 Caesar Salad